

TRAIL RUN - Saturday (Open)

Pos	Name	Bib#	Gender	Time	Gap	WBO2023-TrailRun-Sat	
1	BLACKSHAW, Joshua	1465	Men	1:29:05		1:29:05	(1st)
2	NAUDE, Rudolf	47	Men	1:31:42	2'37"	1:31:42	(2nd)
3	FAURE, John	1418	Men	1:31:53	2'48"	1:31:53	(3rd)
4	FLEMING, Colin	19	Men	1:32:52	3'47"	1:32:52	(4th)
5	HOFMEYR, Wynand	11	Men	1:35:26	6'21"	1:35:26	(5th)
6	COURTS, Samuel	15	Men	1:36:02	6'57"	1:36:02	(6th)
7	CAWOOD, Josh	1466	Men	1:36:41	7'36"	1:36:41	(7th)
8	KANE, Matthew	1467	Men	1:36:53	7'48"	1:36:53	(8th)
9	SHER, David	9	Men	1:38:06	9'01"	1:38:06	(9th)
10	BLACK, Warren	1450	Men	1:38:58	9'53"	1:38:58	(10th)
11	SHER, Jamie	7	Men	1:43:12	14'07"	1:43:12	(11th)
12	SHAW, Riaan	1464	Men	1:43:24	14'19"	1:43:24	(12th)
13	BENJANO, Ron	1006	Men	1:45:59	16'54"	1:45:59	(13th)
14	CLOETE, Daniël	1105	Men	1:47:59	18'54"	1:47:59	(14th)
15	PENFOLD, Jamie	14	Men	1:47:59	18'54"	1:47:59	(15th)
16	CALLAGHAN, Leigh	1104	Women	1:48:05	19'00"	1:48:05	(16th)
17	DU TOIT, Greg	16	Men	1:48:12	19'07"	1:48:12	(17th)
18	VAN STRYP, Danie	5	Men	1:48:51	19'46"	1:48:51	(18th)
19	LAGER, Arhur	1143	Men	1:48:54	19'49"	1:48:54	(19th)
20	WELHAM, Vicky	1448	Women	1:49:40	20'35"	1:49:40	(20th)
21	VOSLOO, Daniel	1100	Men	1:51:25	22'20"	1:51:25	(21st)
22	GOLDBERG, Bengi	1460	Men	1:51:53	22'48"	1:51:53	(22nd)
23	HAMMAN, Raoul	1142	Men	1:52:16	23'11"	1:52:16	(23rd)
24	CHILD, Jonathan	1409	Men	1:52:33	23'28"	1:52:33	(24th)
25	CAMPBELL, Morgan	8	Men	1:53:43	24'38"	1:53:43	(25th)
26	QABANI, Myolisi	1146	Men	1:54:09	25'04"	1:54:09	(26th)
27	VAN COLLER, Brett	1439	Men	1:54:09	25'04"	1:54:09	(27th)
28	PAYNE, Troy	1067	Men	1:54:23	25'18"	1:54:23	(28th)
29	STAFFORD, Frederick	49	Men	1:54:37	25'32"	1:54:37	(29th)
30	CONRADIE, Dewald	1411	Men	1:54:40	25'35"	1:54:40	(30th)
31	DU TOIT, Janco	1023	Men	1:54:47	25'42"	1:54:47	(31st)
32	VISSER, Vernon	1099	Men	1:55:16	26'11"	1:55:16	(32nd)
33	NIENABER, Chantel	1430	Women	1:55:29	26'24"	1:55:29	(33rd)
34	KINGSTON, Michael	1	Men	1:55:40	26'35"	1:55:40	(34th)
35	PAHL, Sebastian	27	Men	1:55:58	26'53"	1:55:58	(35th)
36	STERGIANOS, Theo John	1079	Men	1:56:23	27'18"	1:56:23	(36th)
37	GLOVER, Scott	1036	Men	1:56:38	27'33"	1:56:38	(37th)
38	WILLS, Nicola	1449	Women	1:56:49	27'44"	1:56:49	(38th)
39	CAMPBELL, Tracey	34	Women	1:57:02	27'57"	1:57:02	(39th)
40	WALLS, Dylan	1101	Men	1:57:22	28'17"	1:57:22	(40th)
41	MINOR, Kirsty	1453	Women	1:57:27	28'22"	1:57:27	(41st)
42	FITCHET, Rubert	1029	Men	1:57:56	28'51"	1:57:56	(42nd)
43	DE VILLIERS, Nicola	1015	Women	1:58:28	29'23"	1:58:28	(43rd)
44	HÖRSTMANN, Hein	1045	Men	1:58:36	29'31"	1:58:36	(44th)
45	GRUNOW, Peter	1422	Men	1:59:24	30'19"	1:59:24	(45th)
46	HOWITZ, Dan	22	Men	2:00:16	31'11"	2:00:16	(46th)
47	ALEXANDER, Robbie	1402	Men	2:00:27	31'22"	2:00:27	(47th)
48	VAN WYK, Johan	1094	Men	2:00:41	31'36"	2:00:41	(48th)
49	STOOP, Luan	1125	Women	2:00:55	31'50"	2:00:55	(49th)
50	SCHENCK, Jess	1433	Women	2:01:21	32'16"	2:01:21	(50th)
51	BARNARD, Jacques	1119	Men	2:01:53	32'48"	2:01:53	(51st)
52	NGAKANANI, Siphathise	1064	Men	2:02:00	32'55"	2:02:00	(52nd)
53	CLAYTON, Antony	18	Men	2:02:02	32'57"	2:02:02	(53rd)
54	FLEISHMAN, Aaron	1463	Men	2:02:02	32'57"	2:02:02	(54th)
55	FLEISHMAN, Daniel	1462	Men	2:02:02	32'57"	2:02:02	(55th)

56	VAN ZYL, Zane	1137	Men	2:02:19	33'14"	2:02:19	(56th)
57	DILL, Neriya	1017	Women	2:02:41	33'36"	2:02:41	(57th)
58	FLETCHER, Alastair	1030	Men	2:03:03	33'58"	2:03:03	(58th)
59	NORTON, Gary	1114	Men	2:03:30	34'25"	2:03:30	(59th)
60	MALAN, Alicia	1136	Women	2:03:35	34'30"	2:03:35	(60th)
61	MULDER, Neil	1060	Men	2:03:36	34'31"	2:03:36	(61st)
62	GOUWS, Cam	1111	Men	2:05:03	35'58"	2:05:03	(62nd)
63	THEUNISSEN, Bridget	32	Women	2:05:19	36'14"	2:05:19	(63rd)
64	KRUGER, Bellamy	1047	Women	2:05:39	36'34"	2:05:39	(64th)
65	SMITH, Philip	1078	Men	2:06:18	37'13"	2:06:18	(65th)
66	HAUFF, Anna	1042	Women	2:06:18	37'13"	2:06:18	(66th)
67	MELCK, Ronnie	1056	Men	2:06:51	37'46"	2:06:51	(67th)
68	MANSVELDER, Marjolein	1139	Men	2:07:09	38'04"	2:07:09	(68th)
69	ENGELBRECHT, Megan	1026	Women	2:07:31	38'26"	2:07:31	(69th)
70	THUYNSMA, Dirk	1122	Men	2:08:23	39'18"	2:08:23	(70th)
71	KINGSTON, Liza	33	Women	2:08:39	39'34"	2:08:39	(71st)
72	DU TOIT, Ricus	1416	Men	2:08:48	39'43"	2:08:48	(72nd)
73	GREWAR, Marli	1040	Women	2:09:02	39'57"	2:09:02	(73rd)
74	SHERWOOD, Jarid	1130	Men	2:09:11	40'06"	2:09:11	(74th)
75	SMIT, Leigh	1076	Women	2:09:20	40'15"	2:09:20	(75th)
76	FRIEDMAN, Rory	1032	Men	2:09:27	40'22"	2:09:27	(76th)
77	ALBERTYN, Schalk	1002	Men	2:09:49	40'44"	2:09:49	(77th)
78	DAY, Jamie	1413	Women	2:10:30	41'25"	2:10:30	(78th)
79	VOSLOO, Daniel	46	Men	2:10:54	41'49"	2:10:54	(79th)
80	LOUW, Waldo	1052	Men	2:10:57	41'52"	2:10:57	(80th)
81	COETZEE, Isaac	1106	Men	2:11:26	42'21"	2:11:26	(81st)
82	BROAD, Joel	23	Men	2:11:30	42'25"	2:11:30	(82nd)
83	CARTER-JOHNSON, Roscoe	28	Men	2:11:33	42'28"	2:11:33	(83rd)
84	PEEK, Jordan	1124	Women	2:12:02	42'57"	2:12:02	(84th)
85	WAUD, Cara	1446	Women	2:12:11	43'06"	2:12:11	(85th)
86	BARRY, Alexandra	1458	Women	2:13:33	44'28"	2:13:33	(86th)
87	FLUX, Tom	24	Men	2:14:02	44'57"	2:14:02	(87th)
88	VEERMEER, Julian	1442	Men	2:14:23	45'18"	2:14:23	(88th)
89	VAN DYK, Gerrit	4	Men	2:15:25	46'20"	2:15:25	(89th)
90	MCMULLEN WILLMORE, Clare	1055	Women	2:15:45	46'40"	2:15:45	(90th)
91	VISSER, Gerard	1097	Men	2:15:59	46'54"	2:15:59	(91st)
92	SUTTON, Samantha	1083	Women	2:16:41	47'36"	2:16:41	(92nd)
93	GOODSELL, Ryan	1037	Men	2:17:01	47'56"	2:17:01	(93rd)
94	ROWE, John-Daniel	1120	Men	2:18:27	49'22"	2:18:27	(94th)
95	ODENDAAL, Gerhardi	1065	Men	2:18:31	49'26"	2:18:31	(95th)
96	VENSKE, Dean	1443	Men	2:18:40	49'35"	2:18:40	(96th)
97	MARAIS, Eugene	1054	Men	2:18:42	49'37"	2:18:42	(97th)
98	GRUNOW, Guinivere	1421	Women	2:18:47	49'42"	2:18:47	(98th)
99	WHITE, Matthew	1132	Men	2:19:04	49'59"	2:19:04	(99th)
100	BESSELAAR, Roald	1404	Men	2:20:38	51'33"	2:20:38	(100th)
101	VISSER, Bremer	1095	Men	2:20:49	51'44"	2:20:49	(101st)
102	DU PLESSIS, Johan	48	Men	2:20:49	51'44"	2:20:49	(102nd)
103	VAN HEERDEN, Minke	1126	Women	2:20:49	51'44"	2:20:49	(103rd)
104	VOLSCHENK, Riana	1444	Women	2:20:59	51'54"	2:20:59	(104th)
105	VAN HEERDEN, Sonika	1127	Women	2:21:07	52'02"	2:21:07	(105th)
106	SHAP, Joelene	1144	Women	2:21:08	52'03"	2:21:08	(106th)
107	TESSENDORF, Gina	1437	Women	2:21:20	52'15"	2:21:20	(107th)
108	DU PLESSIS, Fano	1019	Men	2:21:32	52'27"	2:21:32	(108th)
109	DE WET, Anine	1108	Men	2:21:34	52'29"	2:21:34	(109th)
110	GANCARZ, Iwona	1034	Women	2:21:57	52'52"	2:21:57	(110th)
111	NEL, Sammy-Lee	1454	Women	2:22:13	53'08"	2:22:13	(111th)
112	DE KLERK, David	1414	Men	2:22:15	53'10"	2:22:15	(112th)
113	KNOBLAUCH, Johannes	1141	Men	2:22:30	53'25"	2:22:30	(113th)

114	DAVIES, Michael	1107	Men	2:22:48	53'43"	2:22:48	(114th)
115	ERWEE, Connor	1451	Men	2:22:55	53'50"	2:22:55	(115th)
116	JONKER, Diane	1140	Women	2:23:37	54'32"	2:23:37	(116th)
117	CALITZ, Gerrit	1408	Men	2:23:45	54'40"	2:23:45	(117th)
118	LOUW, Rozanne	1051	Women	2:24:10	55'05"	2:24:10	(118th)
119	VAN DER SLUYS, Tania	1087	Women	2:24:11	55'06"	2:24:11	(119th)
120	MOUTON, Jacques	1113	Men	2:24:33	55'28"	2:24:33	(120th)
121	BOWMAN, Mark	1008	Men	2:24:44	55'39"	2:24:44	(121st)
122	HATTINGH, Marnus	1041	Men	2:25:47	56'42"	2:25:47	(122nd)
123	DE KOCK, Jana	1014	Women	2:25:48	56'43"	2:25:48	(123rd)
124	KETTLES, Killoran	1112	Women	2:26:08	57'03"	2:26:08	(124th)
125	STEWART, Joshua	1080	Men	2:26:12	57'07"	2:26:12	(125th)
126	MILTON, Andrew	1138	Men	2:26:15	57'10"	2:26:15	(126th)
127	GELDENHUYS, Duncan	1147	Men	2:26:16	57'11"	2:26:16	(127th)
128	GEYER, Cilmie	1110	Women	2:26:17	57'12"	2:26:17	(128th)
129	EMSLIE, Robyn	1025	Women	2:27:32	58'27"	2:27:32	(129th)
130	LE ROUX, Monique	1049	Women	2:28:03	58'58"	2:28:03	(130th)
131	NAYLOR, Michelle	1063	Women	2:28:21	59'16"	2:28:21	(131st)
132	VAN ZYL, Cornél	1441	Men	2:28:24	59'19"	2:28:24	(132nd)
133	VAN ZYL, Anja	1440	Women	2:28:26	59'21"	2:28:26	(133rd)
134	BARNARD, Marté	1103	Women	2:28:54	59'49"	2:28:54	(134th)
135	MILLER, Elisabet	1134	Women	2:29:30	1h0'25"	2:29:30	(135th)
136	VAN DEN BERG, Elke	1086	Women	2:29:42	1h0'37"	2:29:42	(136th)
137	STEYN, Annmarie	1434	Women	2:29:43	1h0'38"	2:29:43	(137th)
138	NAUDE, Marli	1062	Women	2:30:16	1h1'11"	2:30:16	(138th)
139	LOUBSER, Roseline	1050	Women	2:30:18	1h1'13"	2:30:18	(139th)
140	TERBLANCHE, Rita	1085	Women	2:30:45	1h1'40"	2:30:45	(140th)
141	LAGOPOULOS, Dimitri	1459	Men	2:30:58	1h1'53"	2:30:58	(141st)
142	GOOSEN, Margeaux	1038	Women	2:31:01	1h1'56"	2:31:01	(142nd)
143	VAN SCHOOR, Mieke	1090	Women	2:31:02	1h1'57"	2:31:02	(143rd)
144	CAMPHER, Megan	1010	Women	2:31:23	1h2'18"	2:31:23	(144th)
145	INGEL, Jason	1129	Men	2:31:25	1h2'20"	2:31:25	(145th)
146	LENZ, Kirsten	31	Women	2:31:29	1h2'24"	2:31:29	(146th)
147	OVENSTONE, Chloe	1066	Women	2:32:12	1h3'07"	2:32:12	(147th)
148	BLACKIE, Simon	1128	Men	2:32:21	1h3'16"	2:32:21	(148th)
149	OTTO, Nick	1121	Men	2:33:13	1h4'08"	2:33:13	(149th)
150	ZIMAN, Benjamin	1461	Men	2:33:53	1h4'48"	2:33:53	(150th)
151	MAKEPEACE, Jonathan	1426	Men	2:34:36	1h5'31"	2:34:36	(151st)
152	SMITH, Nicole-Amber	1077	Women	2:34:54	1h5'49"	2:34:54	(152nd)
153	VAN ROOYEN, Morne	1089	Men	2:35:42	1h6'37"	2:35:42	(153rd)
154	TOOP, Estelle	1438	Women	2:36:09	1h7'04"	2:36:09	(154th)
155	WELDON, Disy	1447	Women	2:36:19	1h7'14"	2:36:19	(155th)
156	DURRANT, Jacqui	1417	Women	2:36:19	1h7'14"	2:36:19	(156th)
157	ADONIS, Gershwin	1001	Men	2:36:20	1h7'15"	2:36:20	(157th)
158	BEUKES, Carli	1007	Women	2:36:25	1h7'20"	2:36:25	(158th)
159	GALLOWAY, Kate	1033	Women	2:36:26	1h7'21"	2:36:26	(159th)
160	DALVIE, Muhammed Asgar	1412	Men	2:36:56	1h7'51"	2:36:56	(160th)
161	MAKEPEACE, Catherine	1425	Women	2:37:05	1h8'00"	2:37:05	(161st)
162	STARCK, Shaun	1455	Men	2:37:10	1h8'05"	2:37:10	(162nd)
163	MOUNTAIN, Julian	1059	Men	2:37:36	1h8'31"	2:37:36	(163rd)
164	PIENAAR, Gysbert	1432	Men	2:37:37	1h8'32"	2:37:37	(164th)
165	MARAIS, Michelle	1427	Women	2:38:51	1h9'46"	2:38:51	(165th)
166	BRIDER, Richard	1407	Men	2:38:54	1h9'49"	2:38:54	(166th)
167	NIELSEN, Erik	12	Men	2:39:06	1h10'01"	2:39:06	(167th)
168	BARRON, Carmelita	1004	Women	2:39:33	1h10'28"	2:39:33	(168th)
169	PEARCE, Chad	1145	Men	2:39:40	1h10'35"	2:39:40	(169th)
170	CLOETE, Edson	1410	Men	2:39:46	1h10'41"	2:39:46	(170th)
171	BOTHA, Anneri	1405	Women	2:40:23	1h11'18"	2:40:23	(171st)

172	LE ROUX, Margaux	1048	Women	2:41:28	1h12'23"	2:41:28	(172nd)
173	VAN BILJON, Wilmien	1116	Women	2:41:34	1h12'29"	2:41:34	(173rd)
174	VISSER, Hendrik	1118	Men	2:41:35	1h12'30"	2:41:35	(174th)
175	STRYDOM, Jacq	1081	Men	2:41:35	1h12'30"	2:41:35	(175th)
176	KERNOHAN, Helen	43	Women	2:41:36	1h12'31"	2:41:36	(176th)
177	VISSER, Jannus	1098	Men	2:41:48	1h12'43"	2:41:48	(177th)
178	MOUNTAIN, Joanne	1058	Women	2:42:06	1h13'01"	2:42:06	(178th)
179	WISEMAN, Cath	1255	Women	2:42:07	1h13'02"	2:42:07	(179th)
180	BURGESS, Brett	1009	Men	2:45:19	1h16'14"	2:45:19	(180th)
181	FRASER, Michelle	1031	Women	2:45:19	1h16'14"	2:45:19	(181st)
182	WATERMEYER, Casey	1102	Women	2:45:20	1h16'15"	2:45:20	(182nd)
183	AGNELLO, Marisa	1401	Women	2:46:19	1h17'14"	2:46:19	(183rd)
184	BOUWHUIS, Jo	1406	Women	2:46:21	1h17'16"	2:46:21	(184th)
185	DU TOIT, Charme	1021	Women	2:46:51	1h17'46"	2:46:51	(185th)
186	PEARSON, Warren	1069	Men	2:47:08	1h18'03"	2:47:08	(186th)
187	SUTTON, Summer	1084	Women	2:47:17	1h18'12"	2:47:17	(187th)
188	PEARSON, Ruth	1068	Women	2:52:01	1h22'56"	2:52:01	(188th)
189	HIRSCHSON, Isabella	1044	Women	2:52:22	1h23'17"	2:52:22	(189th)
190	DE BILLOT, Brigitte	1012	Women	2:52:22	1h23'17"	2:52:22	(190th)
191	MORTIMER, Garrick	20	Men	2:54:08	1h25'03"	2:54:08	(191st)
192	VAN WEELE, Roelof	1093	Men	2:55:49	1h26'44"	2:55:49	(192nd)
193	SLEIGH, Sharon	1075	Women	2:57:23	1h28'18"	2:57:23	(193rd)
194	MYLREA, Leigh	1061	Men	2:58:14	1h29'09"	2:58:14	(194th)
195	JOHNSTON, Frankie	1046	Women	2:58:16	1h29'11"	2:58:16	(195th)
196	DRURY, Tian	1018	Men	2:58:50	1h29'45"	2:58:50	(196th)
197	DURR, Jocasta	1024	Women	3:01:07	1h32'02"	3:01:07	(197th)
198	DE CLERCQ, Nicholas	1013	Men	3:01:10	1h32'05"	3:01:10	(198th)
199	VAN TONDER, Shane	1092	Men	3:04:23	1h35'18"	3:04:23	(199th)
200	TUTT, Jeani	1115	Women	3:08:11	1h39'06"	3:08:11	(200th)
201	MEREDITH, Guy	1123	Men	3:08:59	1h39'54"	3:08:59	(201st)
202	MANS, Anthony	1053	Men	3:10:34	1h41'29"	3:10:34	(202nd)
203	ASSANTE, Jeanne	1003	Women	3:10:44	1h41'39"	3:10:44	(203rd)
204	VISSER, Elaine	1096	Women	3:10:52	1h41'47"	3:10:52	(204th)
205	VISSER, Luzanne	1135	Women	3:10:53	1h41'48"	3:10:53	(205th)
206	COETZEE, Clayton	6	Men	3:11:33	1h42'28"	3:11:33	(206th)
207	FEYT, Jacobus	1027	Men	3:12:13	1h43'08"	3:12:13	(207th)
208	MCILROY, Samantha	1428	Women	3:13:28	1h44'23"	3:13:28	(208th)
209	DELPORT, Nathan	1016	Men	3:18:48	1h49'43"	3:18:48	(209th)
210	VAN DER WESTHUIZEN, Petro	1117	Women	3:23:05	1h54'00"	3:23:05	(210th)
211	ROMAN, Vaughn	1072	Men	3:33:08	2h4'03"	3:33:08	(211th)
212	VAN STADEN, Judy	1091	Women	3:37:40	2h8'35"	3:37:40	(212th)
213	GREEFF, Luan	1039	Men	3:37:41	2h8'36"	3:37:41	(213th)
214	BASSON, Aletta	1005	Women	3:41:48	2h12'43"	3:41:48	(214th)
215	HILL, John	1131	Men	3:41:50	2h12'45"	3:41:50	(215th)

TRAIL RUN Saturday - Men

Pos	Name	Bib#	Age	Time	Gap	WBO2023-TrailRun-Sat
1	BLACKSHAW, Joshua	1465	26	1:29:05		1:29:05 (1st)
2	NAUDE, Rudolf	47	32	1:31:42	2'37"	1:31:42 (2nd)
3	FAURE, John	1418	32	1:31:53	2'48"	1:31:53 (3rd)
4	FLEMING, Colin	19	24	1:32:52	3'47"	1:32:52 (4th)
5	HOFMEYR, Wynand	11	26	1:35:26	6'21"	1:35:26 (5th)
6	COURTS, Samuel	15	24	1:36:02	6'57"	1:36:02 (6th)
7	CAWOOD, Josh	1466	26	1:36:41	7'36"	1:36:41 (7th)
8	KANE, Matthew	1467	29	1:36:53	7'48"	1:36:53 (8th)
9	SHER, David	9	24	1:38:06	9'01"	1:38:06 (9th)
10	BLACK, Warren	1450	27	1:38:58	9'53"	1:38:58 (10th)

11	SHER, Jamie	7	24	1:43:12	14'07"	1:43:12	(11th)
12	SHAW, Riaan	1464	28	1:43:24	14'19"	1:43:24	(12th)
13	BENJANO, Ron	1006	26	1:45:59	16'54"	1:45:59	(13th)
14	CLOETE, Daniël	1105	22	1:47:59	18'54"	1:47:59	(14th)
15	PENFOLD, Jamie	14	22	1:47:59	18'54"	1:47:59	(15th)
16	DU TOIT, Greg	16	22	1:48:12	19'07"	1:48:12	(16th)
17	VAN STRYP, Danie	5	27	1:48:51	19'46"	1:48:51	(17th)
18	LAGER, Arhur	1143	23	1:48:54	19'49"	1:48:54	(18th)
19	VOSLOO, Daniel	1100	27	1:51:25	22'20"	1:51:25	(19th)
20	GOLDBERG, Bengi	1460	27	1:51:53	22'48"	1:51:53	(20th)
21	HAMMAN, Raoul	1142	38	1:52:16	23'11"	1:52:16	(21st)
22	CHILD, Jonathan	1409	34	1:52:33	23'28"	1:52:33	(22nd)
23	CAMPBELL, Morgan	8	32	1:53:43	24'38"	1:53:43	(23rd)
24	QABANI, Myolisi	1146	30	1:54:09	25'04"	1:54:09	(24th)
25	VAN COLLER, Brett	1439	51	1:54:09	25'04"	1:54:09	(25th)
26	PAYNE, Troy	1067	26	1:54:23	25'18"	1:54:23	(26th)
27	STAFFORD, Frederick	49	17	1:54:37	25'32"	1:54:37	(27th)
28	CONRADIE, Dewald	1411	43	1:54:40	25'35"	1:54:40	(28th)
29	DU TOIT, Janco	1023	26	1:54:47	25'42"	1:54:47	(29th)
30	VISSER, Vernon	1099	41	1:55:16	26'11"	1:55:16	(30th)
31	KINGSTON, Michael	1	50	1:55:40	26'35"	1:55:40	(31st)
32	PAHL, Sebastian	27	31	1:55:58	26'53"	1:55:58	(32nd)
33	STERGIANOS, Theo John	1079	27	1:56:23	27'18"	1:56:23	(33rd)
34	GLOVER, Scott	1036	28	1:56:38	27'33"	1:56:38	(34th)
35	WALLS, Dylan	1101	28	1:57:22	28'17"	1:57:22	(35th)
36	FITCHET, Rubert	1029	32	1:57:56	28'51"	1:57:56	(36th)
37	HÖRSTMANN, Hein	1045	36	1:58:36	29'31"	1:58:36	(37th)
38	GRUNOW, Peter	1422	35	1:59:24	30'19"	1:59:24	(38th)
39	HOWITZ, Dan	22	37	2:00:16	31'11"	2:00:16	(39th)
40	ALEXANDER, Robbie	1402	28	2:00:27	31'22"	2:00:27	(40th)
41	VAN WYK, Johan	1094	29	2:00:41	31'36"	2:00:41	(41st)
42	BARNARD, Jacques	1119	27	2:01:53	32'48"	2:01:53	(42nd)
43	NGAKANANI, Siphathise	1064	25	2:02:00	32'55"	2:02:00	(43rd)
44	FLEISHMAN, Aaron	1463	25	2:02:02	32'57"	2:02:02	(44th)
45	CLAYTON, Antony	18	16	2:02:02	32'57"	2:02:02	(45th)
46	FLEISHMAN, Daniel	1462	23	2:02:02	32'57"	2:02:02	(46th)
47	VAN ZYL, Zane	1137	29	2:02:19	33'14"	2:02:19	(47th)
48	FLETCHER, Alastair	1030	27	2:03:03	33'58"	2:03:03	(48th)
49	NORTON, Gary	1114	30	2:03:30	34'25"	2:03:30	(49th)
50	MULDER, Neil	1060	54	2:03:36	34'31"	2:03:36	(50th)
51	GOUWS, Cam	1111	35	2:05:03	35'58"	2:05:03	(51st)
52	SMITH, Philip	1078	36	2:06:18	37'13"	2:06:18	(52nd)
53	MELCK, Ronnie	1056	28	2:06:51	37'46"	2:06:51	(53rd)
54	MANSVELDER, Marjolein	1139	30	2:07:09	38'04"	2:07:09	(54th)
55	THUYNSMA, Dirk	1122	24	2:08:23	39'18"	2:08:23	(55th)
56	DU TOIT, Ricus	1416	31	2:08:48	39'43"	2:08:48	(56th)
57	SHERWOOD, Jarid	1130	36	2:09:11	40'06"	2:09:11	(57th)
58	FRIEDMAN, Rory	1032	28	2:09:27	40'22"	2:09:27	(58th)
59	ALBERTYN, Schalk	1002	46	2:09:49	40'44"	2:09:49	(59th)
60	VOSLOO, Daniel	46	32	2:10:54	41'49"	2:10:54	(60th)
61	LOUW, Waldo	1052	32	2:10:57	41'52"	2:10:57	(61st)
62	COETZEE, Isaac	1106	26	2:11:26	42'21"	2:11:26	(62nd)
63	BROAD, Joel	23	34	2:11:30	42'25"	2:11:30	(63rd)
64	CARTER-JOHNSON, Roscoe	28	30	2:11:33	42'28"	2:11:33	(64th)
65	FLUX, Tom	24	32	2:14:02	44'57"	2:14:02	(65th)
66	VEERMEER, Julian	1442	41	2:14:23	45'18"	2:14:23	(66th)
67	VAN DYK, Gerrit	4	30	2:15:25	46'20"	2:15:25	(67th)
68	VISSER, Gerard	1097	62	2:15:59	46'54"	2:15:59	(68th)

69	GOODSELL, Ryan	1037	20	2:17:01	47'56"	2:17:01	(69th)
70	ROWE, John-Daniel	1120	45	2:18:27	49'22"	2:18:27	(70th)
71	ODENDAAL, Gerhardi	1065	46	2:18:31	49'26"	2:18:31	(71st)
72	VENSKÉ, Dean	1443	33	2:18:40	49'35"	2:18:40	(72nd)
73	MARAIS, Eugene	1054	50	2:18:42	49'37"	2:18:42	(73rd)
74	WHITE, Matthew	1132	37	2:19:04	49'59"	2:19:04	(74th)
75	BESSELAAR, Roald	1404	59	2:20:38	51'33"	2:20:38	(75th)
76	VISSER, Bremer	1095	26	2:20:49	51'44"	2:20:49	(76th)
77	DU PLESSIS, Johan	48	26	2:20:49	51'44"	2:20:49	(77th)
78	DU PLESSIS, Fano	1019	38	2:21:32	52'27"	2:21:32	(78th)
79	DE WET, Anine	1108	41	2:21:34	52'29"	2:21:34	(79th)
80	DE KLERK, David	1414	31	2:22:15	53'10"	2:22:15	(80th)
81	KNOBLAUCH, Johannes	1141	31	2:22:30	53'25"	2:22:30	(81st)
82	DAVIES, Michael	1107	27	2:22:48	53'43"	2:22:48	(82nd)
83	ERWEE, Connor	1451	20	2:22:55	53'50"	2:22:55	(83rd)
84	CALITZ, Gerrit	1408	24	2:23:45	54'40"	2:23:45	(84th)
85	MOULTON, Jacques	1113	56	2:24:33	55'28"	2:24:33	(85th)
86	BOWMAN, Mark	1008	57	2:24:44	55'39"	2:24:44	(86th)
87	HATTINGH, Marnus	1041	51	2:25:47	56'42"	2:25:47	(87th)
88	STEWART, Joshua	1080	23	2:26:12	57'07"	2:26:12	(88th)
89	MILTON, Andrew	1138	28	2:26:15	57'10"	2:26:15	(89th)
90	GELDENHUYS, Duncan	1147	29	2:26:16	57'11"	2:26:16	(90th)
91	VAN ZYL, Cornél	1441	35	2:28:24	59'19"	2:28:24	(91st)
92	LAGOPOULOS, Dimitri	1459	56	2:30:58	1h1'53"	2:30:58	(92nd)
93	INGEL, Jason	1129	51	2:31:25	1h2'20"	2:31:25	(93rd)
94	BLACKIE, Simon	1128	29	2:32:21	1h3'16"	2:32:21	(94th)
95	OTTO, Nick	1121	42	2:33:13	1h4'08"	2:33:13	(95th)
96	ZIMAN, Benjamin	1461	28	2:33:53	1h4'48"	2:33:53	(96th)
97	MAKEPEACE, Jonathan	1426	33	2:34:36	1h5'31"	2:34:36	(97th)
98	VAN ROOYEN, Morne	1089	48	2:35:42	1h6'37"	2:35:42	(98th)
99	ADONIS, Gershwin	1001	31	2:36:20	1h7'15"	2:36:20	(99th)
100	DALVIE, Muhammed Asgar	1412	39	2:36:56	1h7'51"	2:36:56	(100th)
101	STARCK, Shaun	1455	37	2:37:10	1h8'05"	2:37:10	(101st)
102	MOUNTAIN, Julian	1059	42	2:37:36	1h8'31"	2:37:36	(102nd)
103	PIENAAR, Gysbert	1432	50	2:37:37	1h8'32"	2:37:37	(103rd)
104	BRIDER, Richard	1407	40	2:38:54	1h9'49"	2:38:54	(104th)
105	NIELSEN, Erik	12	22	2:39:06	1h10'01"	2:39:06	(105th)
106	PEARCE, Chad	1145	31	2:39:40	1h10'35"	2:39:40	(106th)
107	CLOETE, Edson	1410	38	2:39:46	1h10'41"	2:39:46	(107th)
108	VISSER, Hendrik	1118	22	2:41:35	1h12'30"	2:41:35	(108th)
109	STRYDOM, Jacq	1081	22	2:41:35	1h12'30"	2:41:35	(109th)
110	VISSER, Jannus	1098	30	2:41:48	1h12'43"	2:41:48	(110th)
111	BURGESS, Brett	1009	47	2:45:19	1h16'14"	2:45:19	(111th)
112	PEARSON, Warren	1069	41	2:47:08	1h18'03"	2:47:08	(112th)
113	MORTIMER, Garrick	20	27	2:54:08	1h25'03"	2:54:08	(113th)
114	VAN WEELE, Roelof	1093	80	2:55:49	1h26'44"	2:55:49	(114th)
115	MYLREA, Leigh	1061	61	2:58:14	1h29'09"	2:58:14	(115th)
116	DRURY, Tian	1018	33	2:58:50	1h29'45"	2:58:50	(116th)
117	DE CLERCQ, Nicholas	1013	25	3:01:10	1h32'05"	3:01:10	(117th)
118	VAN TONDER, Shane	1092	46	3:04:23	1h35'18"	3:04:23	(118th)
119	MEREDITH, Guy	1123	64	3:08:59	1h39'54"	3:08:59	(119th)
120	MANS, Anthony	1053	40	3:10:34	1h41'29"	3:10:34	(120th)
121	COETZEE, Clayton	6	33	3:11:33	1h42'28"	3:11:33	(121st)
122	FEYT, Jacobus	1027	45	3:12:13	1h43'08"	3:12:13	(122nd)
123	DELPORT, Nathan	1016	44	3:18:48	1h49'43"	3:18:48	(123rd)
124	ROMAN, Vaughn	1072	39	3:33:08	2h4'03"	3:33:08	(124th)
125	GREEFF, Luan	1039	31	3:37:41	2h8'36"	3:37:41	(125th)
126	HILL, John	1131	64	3:41:50	2h12'45"	3:41:50	(126th)

TRAIL RUN Saterdag - Women

Pos	Name	Bib#	Age	Time	Gap	WBO2023-TrailRun-Sat	
1	CALLAGHAN, Leigh	1104	28	1:48:05		1:48:05	(1st)
2	WELHAM, Vicky	1448	28	1:49:40	1'35"	1:49:40	(2nd)
3	NIENABER, Chantel	1430	50	1:55:29	7'24"	1:55:29	(3rd)
4	WILLS, Nicola	1449	27	1:56:49	8'44"	1:56:49	(4th)
5	CAMPBELL, Tracey	34	43	1:57:02	8'57"	1:57:02	(5th)
6	MINOR, Kirsty	1453	37	1:57:27	9'22"	1:57:27	(6th)
7	DE VILLIERS, Nicola	1015	28	1:58:28	10'23"	1:58:28	(7th)
8	STOOP, Luan	1125	34	2:00:55	12'50"	2:00:55	(8th)
9	SCHENCK, Jess	1433	26	2:01:21	13'16"	2:01:21	(9th)
10	DILL, Neriya	1017	18	2:02:41	14'36"	2:02:41	(10th)
11	MALAN, Alicia	1136	20	2:03:35	15'30"	2:03:35	(11th)
12	THEUNISSEN, Bridget	32	22	2:05:19	17'14"	2:05:19	(12th)
13	KRUGER, Bellamy	1047	21	2:05:39	17'34"	2:05:39	(13th)
14	HAUFF, Anna	1042	22	2:06:18	18'13"	2:06:18	(14th)
15	ENGELBRECHT, Megan	1026	28	2:07:31	19'26"	2:07:31	(15th)
16	KINGSTON, Liza	33	41	2:08:39	20'34"	2:08:39	(16th)
17	GREWAR, Marli	1040	41	2:09:02	20'57"	2:09:02	(17th)
18	SMIT, Leigh	1076	24	2:09:20	21'15"	2:09:20	(18th)
19	DAY, Jamie	1413	29	2:10:30	22'25"	2:10:30	(19th)
20	PEEK, Jordan	1124	28	2:12:02	23'57"	2:12:02	(20th)
21	WAUD, Cara	1446	22	2:12:11	24'06"	2:12:11	(21st)
22	BARRY, Alexandra	1458	27	2:13:33	25'28"	2:13:33	(22nd)
23	MCMULLEN WILLMORE, Clare	1055	39	2:15:45	27'40"	2:15:45	(23rd)
24	SUTTON, Samantha	1083	27	2:16:41	28'36"	2:16:41	(24th)
25	GRUNOW, Guinivere	1421	33	2:18:47	30'42"	2:18:47	(25th)
26	VAN HEERDEN, Minke	1126	25	2:20:49	32'44"	2:20:49	(26th)
27	VOLSCHENK, Riana	1444	45	2:20:59	32'54"	2:20:59	(27th)
28	VAN HEERDEN, Sonika	1127	24	2:21:07	33'02"	2:21:07	(28th)
29	SHAP, Joelene	1144	37	2:21:08	33'03"	2:21:08	(29th)
30	TESSENDORF, Gina	1437	40	2:21:20	33'15"	2:21:20	(30th)
31	GANCARZ, Iwona	1034	48	2:21:57	33'52"	2:21:57	(31st)
32	NEL, Sammy-Lee	1454	22	2:22:13	34'08"	2:22:13	(32nd)
33	JONKER, Diane	1140	44	2:23:37	35'32"	2:23:37	(33rd)
34	LOUW, Rozanne	1051	43	2:24:10	36'05"	2:24:10	(34th)
35	VAN DER SLUYS, Tania	1087	45	2:24:11	36'06"	2:24:11	(35th)
36	DE KOCK, Jana	1014	24	2:25:48	37'43"	2:25:48	(36th)
37	KETTLES, Killoran	1112	27	2:26:08	38'03"	2:26:08	(37th)
38	GEYER, Cilmie	1110	23	2:26:17	38'12"	2:26:17	(38th)
39	EMSLIE, Robyn	1025	23	2:27:32	39'27"	2:27:32	(39th)
40	LE ROUX, Monique	1049	27	2:28:03	39'58"	2:28:03	(40th)
41	NAYLOR, Michelle	1063	38	2:28:21	40'16"	2:28:21	(41st)
42	VAN ZYL, Anja	1440	30	2:28:26	40'21"	2:28:26	(42nd)
43	BARNARD, Marté	1103	25	2:28:54	40'49"	2:28:54	(43rd)
44	MILLER, Elisabet	1134	35	2:29:30	41'25"	2:29:30	(44th)
45	VAN DEN BERG, Elke	1086	45	2:29:42	41'37"	2:29:42	(45th)
46	STEYN, Annmarie	1434	53	2:29:43	41'38"	2:29:43	(46th)
47	NAUDE, Marli	1062	26	2:30:16	42'11"	2:30:16	(47th)
48	LOUBSER, Roseline	1050	25	2:30:18	42'13"	2:30:18	(48th)
49	TERBLANCHE, Rita	1085	46	2:30:45	42'40"	2:30:45	(49th)
50	GOOSEN, Margeaux	1038	26	2:31:01	42'56"	2:31:01	(50th)
51	VAN SCHOOR, Mieke	1090	26	2:31:02	42'57"	2:31:02	(51st)
52	CAMPHER, Megan	1010	27	2:31:23	43'18"	2:31:23	(52nd)
53	LENZ, Kirsten	31	21	2:31:29	43'24"	2:31:29	(53rd)
54	OVENSTONE, Chloe	1066	59	2:32:12	44'07"	2:32:12	(54th)

55	SMITH, Nicole-Amber	1077	23	2:34:54	46'49"	2:34:54	(55th)
56	TOOP, Estelle	1438	44	2:36:09	48'04"	2:36:09	(56th)
57	WELDON, Disy	1447	45	2:36:19	48'14"	2:36:19	(57th)
58	DURRANT, Jacqui	1417	50	2:36:19	48'14"	2:36:19	(58th)
59	BEUKES, Carli	1007	25	2:36:25	48'20"	2:36:25	(59th)
60	GALLOWAY, Kate	1033	20	2:36:26	48'21"	2:36:26	(60th)
61	MAKEPEACE, Catherine	1425	31	2:37:05	49'00"	2:37:05	(61st)
62	MARAIS, Michelle	1427	37	2:38:51	50'46"	2:38:51	(62nd)
63	BARRON, Carmelita	1004	41	2:39:33	51'28"	2:39:33	(63rd)
64	BOTHA, Anneri	1405	50	2:40:23	52'18"	2:40:23	(64th)
65	LE ROUX, Margaux	1048	22	2:41:28	53'23"	2:41:28	(65th)
66	VAN BILJON, Wilmien	1116	22	2:41:34	53'29"	2:41:34	(66th)
67	KERNOHAN, Helen	43	48	2:41:36	53'31"	2:41:36	(67th)
68	MOUNTAIN, Joanne	1058	40	2:42:06	54'01"	2:42:06	(68th)
69	WISEMAN, Cath	1255	47	2:42:07	54'02"	2:42:07	(69th)
70	FRASER, Michelle	1031	44	2:45:19	57'14"	2:45:19	(70th)
71	WATERMEYER, Casey	1102	39	2:45:20	57'15"	2:45:20	(71st)
72	AGNELLO, Marisa	1401	44	2:46:19	58'14"	2:46:19	(72nd)
73	BOUWHUIS, Jo	1406	54	2:46:21	58'16"	2:46:21	(73rd)
74	DU TOIT, Charme	1021	34	2:46:51	58'46"	2:46:51	(74th)
75	SUTTON, Summer	1084	21	2:47:17	59'12"	2:47:17	(75th)
76	PEARSON, Ruth	1068	37	2:52:01	1h3'56"	2:52:01	(76th)
77	HIRSCHSON, Isabella	1044	19	2:52:22	1h4'17"	2:52:22	(77th)
78	DE BILLOT, Brigitte	1012	52	2:52:22	1h4'17"	2:52:22	(78th)
79	SLEIGH, Sharon	1075	56	2:57:23	1h9'18"	2:57:23	(79th)
80	JOHNSTON, Frankie	1046	62	2:58:16	1h10'11"	2:58:16	(80th)
81	DURR, Jocasta	1024	24	3:01:07	1h13'02"	3:01:07	(81st)
82	TUTT, Jeani	1115	39	3:08:11	1h20'06"	3:08:11	(82nd)
83	ASSANTE, Jeanne	1003	37	3:10:44	1h22'39"	3:10:44	(83rd)
84	VISSER, Elaine	1096	61	3:10:52	1h22'47"	3:10:52	(84th)
85	VISSER, Luzanne	1135	31	3:10:53	1h22'48"	3:10:53	(85th)
86	MCILROY, Samantha	1428	51	3:13:28	1h25'23"	3:13:28	(86th)
87	VAN DER WESTHUIZEN, Petro	1117	46	3:23:05	1h35'00"	3:23:05	(87th)
88	VAN STADEN, Judy	1091	26	3:37:40	1h49'35"	3:37:40	(88th)
89	BASSON, Aletta	1005	57	3:41:48	1h53'43"	3:41:48	(89th)